

Ways to Get Involved at First UU

Contact the office at office@uurochmn.org to stay informed by signing up for our weekly newsletter (eNews).

Bike-to-Beer or Stride for Ice Cream

Saturday, August 20 ~ 3pm - 5ish ~ Cascade Lake Park
Zumbro West Park, 88 23rd Ave SW, Rochester, MN 55902

Young Adult Gathering

Wednesday, August 31 ~ 7pm ~ Commons

Ingathering Picnic

Sunday, September 11 ~ Noon -2pm ~ Location TBD

Wyblue at Forager

Friday, September 16 ~ 7-10 pm ~ Forager Brewery and Cafe
1005 6th St NW, Rochester, MN 55901

Carrie Newcomer Concert at First UU

Saturday, September 24~ 7 pm ~ First UU Sanctuary
Tickets will go on sale to First UU members & friends beginning August 23.

Contact the office (office@uurochmn.org) or go to our website (uurochmn.org) for more information on these events.

Building Our Future: Beyond Ourselves

If you're new to the conversation or need a refresher, check out our "Summer Quick Guide" with this QR Code (or go to www.uurochmn.org/buildingourfuture) about discerning the future of our building and grounds. Forums and updates will be available this coming fall.



FIRST UNITARIAN UNIVERSALIST CHURCH

Summer Theme: Celebrating Blessings

August 7, 2022 – *Intimations of Mortality*

When we acknowledge the reality of death, without morbid attachment, the potential to savor every bit of life can emerge.

Gathering Music		Austin Ferguson
Welcome		Ann Hutton
Music		
Chalice Lighting		Rev. Rita Capezzi
*Hymn #324	<i>Where My Free Spirit Onward Leads</i>	
Time for All Ages	<i>In You I See</i> by Rachel Emily	Amy Nelson
Interlude		
Embracing Meditation		Melissa Egger
Prayer		
Music	<i>Voice Still and Small</i>	
Reading	<i>In Blackwater Woods</i> by Mary Oliver	
Offertory Music	<i>Gathered Here</i>	
Sermon	<i>Intimations of Mortality</i>	Rev. Rita Capezzi
*Hymn #6	<i>Just as Long as I Have Breath</i>	
Benediction		
Postlude		

* Please rise in body or spirit.

THIS MORNING'S PARTICIPANTS...

Intimations of Mortality

When we acknowledge the reality of death, without morbid attachment, the potential to savor every bit of life can emerge.

Service Participants:

Rev. Rita Capezzi, Ann Hutton, Amy Nelson, Melissa Egglar, and music from Austin Ferguson and Joe Mish

Rev. Rita Capezzi spent her childhood and youth as a native of Pittsburgh, PA. For 25 years, she lived and raised a family in Buffalo, NY. While working as an English professor at a Jesuit college, she enjoyed international travel to Europe, Southern India, and Tanzania with students and colleagues. Rev. Rita entered Meadville Lombard Theological School in 2015. Since granted fellowship by the UUA in 2018, Rev. Rita has served the Unitarian Universalist Fellowship of Mankato as its first full-time settled minister.

Offertory:

Monthly Justice Partner - Updated Offering Practice

We donate our *entire* offering collection most Sundays to our monthly justice partners, instead of splitting the collection 50/50. We will hold occasional collections for the church itself throughout the year. We hope this practice will help increase the support we can offer to our justice partners, as we strive to deepen our practice of justice and generosity.

August's Justice Partner is Channel One

Channel One Regional Food Bank provides food assistance to low-income individuals and families, and rescues surplus donated food product from the food industry and distributes the food to area food shelves, meal programs, group homes, and shelters throughout Southeast Minnesota and Western Wisconsin.

Use the QR code to go directly to our giving page on our website:



WELCOME TO FIRST UNITARIAN UNIVERSALIST CHURCH OF ROCHESTER, MN

Nurturing Spiritual Growth & Practicing Justice since 1866

HEARING ASSISTANCE & LARGE-PRINT BULLETINS

We have hearing assistant devices and large-print bulletins available for Sunday services. Please see an usher for these items or for assistance.

FAITH DEVELOPMENT FOR CHILDREN & YOUTH

New families are always welcome in classes. *Families can recess together after the Time for All Ages*, or can connect with Amy Nelson or Derik Robertson, listed below.

NURSERY CARE

Nursery care is available each Sunday, and for many church events, for ages 6 months – 5 years. The nursery is located up the small incline past the main lobby.

LIVE VIDEO OF THE SERVICE OUTSIDE OF THE SANCTUARY

If you or your children need more space or a coloring table, there are monitors with live video of the service near the lobby, and in the Commons below the Sanctuary.

GETTING INVOLVED

If you would like to find meaningful ways to serve in the church, get involved in classes or groups, or consider becoming a member, please contact Melissa Egglar, listed below.

CARING CONCERNS

If you have a joy or sorrow you would like to have shared during the service, or would like to connect with our caring committee, please contact Melissa Egglar, listed below.

SOCIAL MEDIA & WEBSITE

Find the church calendar, service videos, and other information about the life of the church on our website at www.uurochmn.org and on Facebook: *First Unitarian Universalist Church-Rochester, MN*.

Kim Reid Board President President@uurochmn.org
Luke Stevens-Royer Minister revluke@uurochmn.org
Amy Nelson Director of Faith Development dre@uurochmn.org
Melissa Egglar..... Coordinator of Congregational Life congregationlife@uurochmn.org
Erika Fetterman Office Administrator office@uurochmn.org
Connie Schuelka Cong. Administrator/Musician Emerita administration@uurochmn.org
Joe Mish..... Co-Director of Music..... music@uurochmn.org
Austin Ferguson..... Co-Director of Music..... musicdirector@uurochmn.org
Derik Robertson..... Youth Program Coordinator youthprogram@uurochmn.org
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