
Ways to Get Involved at First UU

Contact the office at office@uurochmn.org to stay informed by signing up for our weekly newsletter (eNews).

Fellowship Walk Around Silver Lake

Saturday, August 6 ~ 8:30 am~ 770 W. Silver Lake Dr. NE

Bike-to-Beer or Stride for Ice Cream!

Saturday, August 20 ~ 3pm - 5ish ~ Cascade Lake Park
Zumbro West Park, 88 23rd Ave SW, Rochester, MN 55902

Young Adult Gathering

Wednesday, August 31 ~ 7pm ~ Commons

Ingathering Picnic

Sunday, September 11th ~ Noon -2pm ~ Location TBD

Wyblu at Forager

Friday, September 16 ~ 7-10 pm ~ Forager Brewery and Cafe
1005 6th St NW, Rochester, MN 55901

Carrie Newcomer Concert at First UU

Saturday, September 24~ 7 pm ~ First UU Sanctuary
Tickets will go on sale to First UU members & friends beginning August 23.

Contact the office (office@uurochmn.org) or go to our website (uurochmn.org) for more information on these events.

FIRST UNITARIAN UNIVERSALIST CHURCH

Summer Theme: Celebrating Blessings

July 31, 2022 – *Celebrating the Blessing of Enoughness*

Gathering Music		Austin Ferguson
Welcome		Anne Black-Sinak
Music		
Chalice Lighting		Rev. Diana McLean
*Hymn #16	<i>'Tis a Gift to be Simple</i>	
Time for All Ages	<i>I am Enough</i> by Grace Byers	Amy Nelson
Interlude		
Prayer		
Embracing Meditation		Melissa Egger
Prayer		
Hymn #396	<i>I Know This Rose Will Open</i>	
Reading	<i>A life of Being, Having, and Doing Enough</i> by Wayne Muller	
Offertory Music		
Sermon	<i>Celebrating the Blessing of Enoughness</i>	Rev Diana McLean
*Hymn #402	<i>From You I Receive</i>	
Benediction		
Postlude		

* Please rise in body or spirit.

THIS MORNING'S PARTICIPANTS...

Celebrating the Blessing of Enoughness

Service Participants:

Rev. Diana McLean, Anne Black-Sinak, Amy Nelson, Melissa Egglar, and music from Austin Ferguson

Rev. Diana McLean is a nearly lifelong Unitarian Universalist. She grew up in a military family with roots in North Dakota, Wisconsin, and Minnesota, and has lived in three countries and twelve states so far. Her passions include reading, writing, jigsaw puzzles, photography, and travel. Her favorite job title is Mom to her son Aidan, who is now 19. She and her wife Shay, also a UU minister, are the co-founders of an arts-based entrepreneurial ministry, Sacred Depths, which can be found at www.sacreddepths.com. They currently live in Minneapolis with two cats, a dog, and many books.

Today's Flowers are from Roxanne Schlasner in honor of her 57th birthday today.

Offertory:

Monthly Justice Partner - Updated Offering Practice

We donate our *entire* offering collection most Sundays to our monthly justice partners, instead of splitting the collection 50/50. We will hold occasional collections for the church itself throughout the year. We hope this practice will help increase the support we can offer to our justice partners, as we strive to deepen our practice of justice and generosity.

July's justice partner is Just the Pill

Just the Pill is a nonprofit organization in the upper Midwest dedicated to improving abortion access in the face of increasing restrictions, especially in underserved communities. It provides mobile care, positioned to provide access near borders of states with restrictive care.

Use the QR code to go directly to our giving page on our website:



WELCOME TO FIRST UNITARIAN UNIVERSALIST CHURCH OF ROCHESTER, MN

Nurturing Spiritual Growth & Practicing Justice since 1866

HEARING ASSISTANCE & LARGE-PRINT BULLETINS

We have hearing assistant devices and large-print bulletins available for Sunday services. Please see an usher for these items or for assistance.

FAITH DEVELOPMENT FOR CHILDREN & YOUTH

New families are always welcome in classes. *Families can recess together after the Time for All Ages*, or can connect with Amy Nelson or Derik Robertson, listed below.

NURSERY CARE

Nursery care is available each Sunday, and for many church events, for ages 6 months – 5 years. The nursery is located up the small incline past the main lobby.

LIVE VIDEO OF THE SERVICE OUTSIDE OF THE SANCTUARY

If you or your children need more space or a coloring table, there are monitors with live video of the service near the lobby, and in the Commons below the Sanctuary.

GETTING INVOLVED

If you would like to find meaningful ways to serve in the church, get involved in classes or groups, or consider becoming a member, please contact Melissa Egglar, listed below.

CARING CONCERNS

If you have a joy or sorrow you would like to have shared during the service, or would like to connect with our caring committee, please contact Melissa Egglar, listed below.

SOCIAL MEDIA & WEBSITE

Find the church calendar, service videos, and other information about the life of the church on our website at www.uurochmn.org and on Facebook: *First Unitarian Universalist Church-Rochester, MN*.

Kim Reid Board President President@uurochmn.org
Luke Stevens-Royer Minister revluke@uurochmn.org
Amy Nelson Director of Faith Development dre@uurochmn.org
Melissa Egglar..... Coordinator of Congregational Life congregationlife@uurochmn.org
Erika Fetterman Office Administrator office@uurochmn.org
Connie Schuelka Cong. Administrator/Musician Emerita administration@uurochmn.org
Joe Mish..... Co-Director of Music..... music@uurochmn.org
Austin Ferguson..... Co-Director of Music..... musicdirector@uurochmn.org
Derik Robertson..... Youth Program Coordinator youthprogram@uurochmn.org
Chantelle Feddersen Assistant for Faith Development..... dre@uurochmn.org
Nick Woolums..... Property Steward custodian@uurochmn.org

1727 Walden Lane SW • Rochester, Minnesota 55902 • 507-282-5209